### "A STUDY TO ASSESS THE EFFECTIVENESS OF ASSERTIVENESS TRAINING ON LEVEL OF ASSERTIVE BEHAVIOR AMONG LATE ADOLESCENT GIRLS"



### By

#### MERIN MARIAM THOMAS

Dissertation submitted to

# RAJIV GANDHI UNIVERSITY OF HEALTH AND

SCIENCES, BANGALORE, KARNATAKA

In fulfillment of RGUHS undergraduate research

programme 2025

Under the guidance of

Mr.Sunny Jerome

Lecturer

Department of Mental Health Nursing

Acharya NR College of Nursing, Thammanahalli

Village, Bangalore, Karnataka, 560107

## RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES

# UNDERGRADUATE RESEARCH 2024- 2025 PROJECT REPORT

SUBMITTED BY, MS.MERIN MARIAM THOMAS

4<sup>TH</sup> YEAR BSC NURSING ACHARYA NR COLLEGR OF NURSING **TITLE OF THE PROJECT**: "A STUDY TO ASSESS THE EFFECTIVENESS OF ASSERTIVENESS TRAINING ON LEVEL OF ASSERTIVE BEHAVIOR AMONG LATE ADOLESCENT GIRLS".

### PROJECT CODE OF THE PROJECT: UG24NUR0492

NAME OF THE STUDENT	MS. MERIN MARIAM THOMAS
EMAIL ID	Merinw.21.bnur@acharya.ac.in
MOBILE NUMBER	8301859290
NAME OF THE GUIDE	MS.DENCY DENNIS (RESIGNED FROM COLLEGE) GUIDED BY, MR.SUNNY JEROME
DESIGNATION	LECTURER
EMAIL ID	Sunny2730@acharya.ac.in
MOBILE NUMBER	8962617470

NAME OF THE DEPARTMENT: Mental Health Nursing

DATE OF COMMENCEMENT OF RESEARCH ACTIVITY: 19/06/2025

**DATE OF COMPLETION:** 17/09/2025