

# Rajiv Gandhi University of Health Sciences, Karnataka III Year B.P.T. Degree Examination - 10-Mar-2021

Time: Three Hours Max. Marks: 100 Marks

# MUSCULOSKELETAL AND SPORTS PHYSIOTHERAPY (RS5) Q.P. CODE: 2745

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary.

## LONG ESSAYS (Second Question Choice)

 $2 \times 10 = 20 \text{ Marks}$ 

- 25-year tennis player underwent for the rotator cuff reconstruction surgery. Write in detail P.T rehabilitation protocol.
- 2. Explain post operative physiotherapy treatment protocol for a 14 yr old girl who underwent D8-D9 spinal fusion for treatment of idiopathic scoliosis.

OR

Explain the post-operative PT management following ACL reconstruction with patellar tendon graft.

### SHORT ESSAYS (Question No 3 & 12 choice)

10 x 5 = 50 Marks

distant.

3. Explain PT management of Volkmans ischemic contracture.

OR

Explain the gait deviations while using lower limb prosthesis.

- 4. Discuss any two special tests and its management for patellofemoral dysfunction.
- 5. Discuss the PT management for lumbar IVDP.
- Discuss any two special tests for SI joint dysfunction.
- Explain the PT management for trigger finger?
- 8. Explain PT management of Rheumatoid Arthritis.
- 9. Explain the PT management for Grade II lateral ligament ankle sprain.
- Explain PT management for Bimalleolar fracture.
- 11. Explain PT management following non-cemented total hip arthroplasty.
- 12. Explain PT management for IT band syndrome.

OR

Explain PT management for the meniscal injury of knee.

#### SHORT ANSWERS 10 x 3 = 30 Marks

- 13. What are the common sites of stress fractures in osteoporotic patient?
- 14. What are the contraindications of asana?
- 15. What is NAGS?
- 16. What is Zig zag deformity of hand?
- 17. List the role of physiotherapy in Pyogenic arthritis.
- 18. Cobb's angle.
- 19. What is Mallet finger?
- 20. What is stress fracture?
- 21. What is Bio-Engineering?
- 22. What are the indications of Food drop splint?

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