



**ACHARYA'S NRV SCHOOL OF ARCHITECTURE**  
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**PROVIDING A HOME FROM THE PAST TO THE WISE**  
**ARCHITECTURE DESIGN PROJECT (THESIS) – 2024-25**

**Submitted in partial fulfillment of the Requirements for the**  
**“Bachelor of Architecture” Degree Course**

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A project report submitted to  
**VISVESHWARAYA TECHNOLOGICAL UNIVERSITY**  
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## **CERTIFICATE**

This is to certify that this thesis report titled **PROVIDING A HOME FROM THE PAST TO THE WISE** by THRISHA RAJESH ACHARYA of IX SEMESTER B. Arch, USN No.1AA20AT059 , has been submitted in partial fulfillment of the requirements for the award of under graduate degree **Bachelor of Architecture (B.Arch)** by Visveshwaraya Technological University VTU, Belgaum during the year 2024- 25.

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<b>Similarity</b>	29%
<b>Paper ID</b>	2567311
<b>Total Pages</b>	81
<b>Submission Date</b>	2024-11-23 09:05:19

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## **DECLARATION**

This thesis title “OLD AGE HOME ”, submitted in partial fulfillment of the requirement for the award of the under graduate of Bachelor of architecture is my original work to the best of my knowledge.

The sources for the various information and the data used have been duly acknowledged.

The work has not been submitted or provided to any other institution/ organization for any diploma/degree or any other purpose.

I take full responsibility for the content in this report and in the event of any conflict or dispute if any, hereby indemnify Acharya’s NRV School of Architecture and Visveswaraya Technological University, Belagavi, and its official representatives against any damages that any raise thereof.

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## ABSTRACT

This thesis proposes a solution for the global population ages, there is an increasing need for thoughtful, inclusive design in elderly care facilities that not only address physical needs but also enhance emotional, social, and mental well-being.

This thesis explores how architectural design , landscaping in old age homes can be strategically integrated , improve the quality of life for elderly residents. The research focuses on creating spaces that foster autonomy, social interaction, mental stimulation, while also incorporating healing environments that support physical health and emotional balance.

Central to thesis is the concept of the "activity house"—a multifunctional facility designed to promote a wide range of activities to foster the well-being of the elderly. These activities include physical exercise, creative expression, cognitive stimulation, and social engagement, all tailored to varying ability levels. The study proposes architectural and landscape solutions that create accessible, flexible, and stimulating environments, such as therapeutic gardens, sensory pathways, and communal spaces designed to encourage interaction and connection with nature.

The design philosophy emphasizes inclusivity, focuses on universal accessibility, safety, and comfort, while also promoting the dignity and independence of the elderly. The key aspects of the research will include the integration of biophilic design principles, the use of natural materials, and the importance of light, sound, and colour in creating a nurturing environment. Additionally, the thesis will examine the role of outdoor spaces in rehabilitation and social inclusion, investigating the potential of gardens, walking paths, and activity zones in supporting physical health and emotional well-being.

Through a case study analysis, design proposals, and theoretical research, this thesis aims to offer a comprehensive framework for the creation of old age homes that not only provide shelter, but actively contribute to the holistic well-being of their residents. Ultimately, the research will argue for a design approach that views the elderly not as passive recipients of care, but as active participants in their own well-being, with environments that encourage engagement, independence, and community connection. This topic could lend itself well to a detailed exploration of design, psychology, and landscape architecture, providing a comprehensive solution for enhancing the quality of life for elderly individuals.

## ACKNOWLEDGEMENT

I would like to express my heartfelt gratitude to my guide, Ar.Shwetha mam, for her invaluable support, guidance, and encouragement throughout this thesis project. Her expertise, constructive feedback, and patience have been instrumental in shaping my research and transforming me into a better student.

I extend my sincere appreciation to the entire faculty of Acharya NRV school of architecture for their tireless efforts in nurturing my growth over the past four years. Your dedication, knowledge, and mentorship have been pivotal in my academic journey, and I am forever grateful.

I also appreciate the support and resources provided by Acharya institute of technology, enabling me to complete this project successfully.

Last but not least, I thank my family and friends for their unwavering support, encouragement, and understanding throughout this challenging yet rewarding journey.

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