



**ACHARYA'S NRV SCHOOL OF ARCHITECTURE**  
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**NATURAL HEALING CENTRE**  
**ARCHITECTURE DESIGN PROJECT (THESIS) – 2024-25**

**Submitted in partial fulfillment of the Requirements for the**  
**“Bachelor of Architecture” Degree Course**

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A project report submitted to  
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## **CERTIFICATE**

This is to certify that this thesis report titled NATURAL HEALING CENTRE by SUMANT MANJUNATH NAIK of IX SEMESTER B. Arch, USN No. 1AA20AT054, has been submitted in partial fulfillment of the requirements for the award of under graduate degree **Bachelor of Architecture (B.Arch)** by Visveshwaraya Technological University VTU, Belgaum during the year 2024- 25.

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## **DECLARATION**

This thesis title “NATURAL HEALING CENTRE”, submitted in partial fulfillment of the requirement for the award of the under graduate of Bachelor of architecture is my original work to the best of my knowledge.

The sources for the various information and the data used have been duly acknowledged.

The work has not been submitted or provided to any other institution/ organization for any diploma/degree or any other purpose.

I take full responsibility for the content in this report and in the event of any conflict or dispute if any, hereby indemnify Acharya's NRV School of Architecture and Visveshwaraya Technological University, Belagavi, and its official representatives against any damages that may arise thereof.

**(Signature)**

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## **ABSTRACT**

This thesis explores the design of a Natural Healing Centre that blends traditional Indian healing practices with modern wellness concepts. The centre emphasizes holistic therapies like yoga, meditation, herbal treatments, and dietary guidance while integrating biophilic design elements such as natural light, ventilation, and green spaces. Inspired by India's rich cultural heritage, the project incorporates traditional Halakki healing practices while promoting sustainability and modern functionality. Case studies of wellness centres like Shantivana and Kshemavana provide valuable insights into creating a tranquil, eco-friendly, and culturally sensitive healing environment.

The proposed centre is designed to connect individuals with nature, offering flexible spaces for therapy, community engagement, and relaxation. The site features natural vegetation, water bodies, and eco-friendly materials to create a peaceful and rejuvenating atmosphere. This project aims to set a benchmark in wellness architecture by fostering sustainable lifestyles, preserving cultural heritage, and offering a transformative retreat for physical, mental, and emotional well-being.

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