



ACHARYA'S NRV SCHOOL OF ARCHITECTURE

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MENTAL ILLNESS TREATMENT CENTER

ARCHITECTURE DESIGN PROJECT (THESIS) – 2024-25

**Submitted in partial fulfillment of the Requirements for the
“Bachelor of Architecture” Degree Course**

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CERTIFICATE

This is to certify that this thesis report titled **Mental Illness Treatment Center** by Rumana Fatima Tawargera of X SEMESTER B. Arch, USN No. 1AA20AT045, has been submitted in partial fulfillment of the requirements for the award of undergraduate degree **Bachelor of Architecture (B.Arch)** by Visveshwaraya Technological University VTU, Belgaum during the year 2024- 25.

Guide: Prof. Fathima Samana S.

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DECLARATION

This thesis title “ **Mental Illness Treatment Center**”, submitted in partial fulfillment of the requirement for the award of the undergraduate Bachelor of architecture is my original work to the best of my knowledge.

The sources for the various information and the data used have been duly acknowledged.

The work has not been submitted or provided to any other institution/ organization for any diploma/degree or any other purpose.

I take full responsibility for the content in this report and in the event of any conflict or dispute if any, hereby indemnify Acharya's NRV School of Architecture and Visvesvaraya Technological University, Belagavi, and its official representatives against any damages that any raise thereof.

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ABSTRACT

The increasing prevalence of mental health issues has highlighted the urgent need for therapeutic and humane environments within mental illness treatment centers. This thesis explores the role of architectural design in promoting healing, well-being, and dignity for individuals undergoing mental health treatment. The focus of the study is on developing an architectural approach that harmonizes therapeutic needs, safety requirements, and aesthetic qualities to create a supportive and non-institutional environment.

The study includes case analyses of recent mental health facilities worldwide, with an emphasis on best practices in privacy, accessibility, and adaptability. It also considers the impact of flexible spaces that can support individual and group therapy, community interaction, and recreation.

Through this thesis, I propose a design for a mental illness treatment center that goes beyond traditional institutional models, creating a space that fosters emotional safety, psychological resilience, and holistic healing. The ultimate goal is to demonstrate that architecture can be a powerful therapeutic tool in mental health care, fostering environments that help patients recover with dignity and respect.