

The Role of Self Efficacy in determining the Confidence Level among Selected Post Graduation Students in Bangalore City: an Empirical Study

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Abstract

Self efficacy is defined as “the people’s belief in their capabilities to produce desired effects by their own actions”(Bandura, 1997). Self efficacy is the most important determinants of the behaviors people choose to engage in and how much they persist in their efforts in the face of obstacles and challenges in the college life. How people behave, feel, think and motivate themselves is identified by self efficacy belief. Such belief creates these diverse effects through four major processes they include cognitive, motivational, and affective and selection processes. The purpose of the descriptive study was to assess the self efficacy of the students. A Sample size of 150 PG students was chosen randomly. The research proves that the confidence among the students varies according to the age and shows that the confidence level is more with mean value 2.5 for the students whose age group is 25 to 30 and the significant variation in confidence level across different age groups with significant value 0.020. According to the results of the study, age influences the confidence level in studies but the gender does not influence the confidence level in interacting with professors and the grades influence the confidence level in getting placed.

Keywords:

Self Efficacy, Confidence, Score, Grades, Age and Gender