

# Rajiv Gandhi University of Health Sciences, Karnataka

IV Year B.P.T. Degree Examination - OCT-2019

Time: Three Hours

Max. Marks: 100 Marks

## COMMUNITY PHYSIOTHERAPY

### Q.P. CODE: 2750 (RS-5)

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. What are the methods of evaluation of a CBR programme?
2. Briefly outline the differences in the disability profiles of the developed and developing world. What are the CBR strategies that can be implemented to minimize the burden of potentially disabling communicable diseases?
3. Describe the principles of disability evaluation. How is the evaluation used to help persons with disability?

#### SHORT ESSAYS (Answer any Twelve)

12 x 5 = 60 Marks

4. What are the points to be considered while developing a patient education pamphlet?
5. Describe the necessity of vocational counselling for complete rehabilitation of a person with disability.
6. What are the components to be considered for elder fitness evaluation?
7. What are the neuro musculoskeletal risk factors of working with vibration tools?
8. What are the steps of a work station assessment?
9. Describe briefly the steps of evaluation for management of a person with diabetes mellitus.
10. Describe briefly the importance of exercise for management of hypertension including the physiology.
11. What are the potential work related musculoskeletal risk factors of sedentary jobs?
12. What are the furniture recommendations to decrease potential risk of work related musculoskeletal disorders?
13. What are the policy recommendations to decrease potential risk of work related musculoskeletal disorders in jobs requiring long hours of standing?
14. Enumerate the risk factors for falls in the elderly.
15. Briefly describe the role of physical activity in persons with dementia.
16. Briefly describe the role of physiotherapy in screening for disability in a village.
17. What are the components of health in the CBR matrix?

#### SHORT ANSWERS

10 x 2 = 20 Marks

18. Define the levels of health according to World Health Organisation.
19. What are the goals of mobile rehabilitation units?
20. Define disability.
21. List the parts of the ICF model of functioning.
22. List the stakeholders in community based rehabilitation of a person with disability.
23. List two methods of ensuring inclusion of persons with disability in disaster management.
24. What is accessibility audit?
25. Define universal design.
26. Define community based rehabilitation as given by World Health Organisation.
27. List the stake holders in goal setting for persons with disability in the community.

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