III Year B.Sc. (Physiotherapy) Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 80 Marks

# GENERAL MEDICINE (OS, RS & RS2)

Q.P. CODE: 2164

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. Define bronchiectasis. Write about etiology, clinical features and management of bronchiectasis
- 2. Define what is diabetes mellitus? Write about classification, clinical features and management of diabetes mellitus
- 3. Describe etiology, clinical features and management of infective endocarditis

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Malaria
- 5. Clinical features of hyperthyroidism
- 6. Management of O.P compound poisoning
- 7. Causes for secondary hypertension
- 8. Antitubercular drugs
- 9. Management of heart failure
- 10. Jone's criteria for Rheumatic fever
- 11. Causes of iron deficiency anaemias
- 12. Causes and complications of obesity
- 13. Cardiopulmonary resuscitation

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 14. Two causes of supportive lung diseases
- 15. Name two opportunistic infections in HIV
- 16. Define bronchial asthma
- 17. Two causes of congenital acyanotic heart diseases
- 18. Rheumatic fever prophylaxis
- 19. Name two bronchodilators
- 20. Name any two occupational lung diseases
- 21. Modes or routes of transmission of HIV infection
- 22. Enzymes in diagnosis of myocardial infarction
- 23. Beri Beri

III Year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 80 Marks

# GENERAL MEDICINE (RS-3 & RS-4)

Q.P. CODE: 2714

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. What is PFT? What are the indications and contra indication of PFT? How do you differentiate obstructive and restrictive lung disorder based on PFT?
- 2. Define diabetes mellitus. Discuss the etiopathology, management and complications of diabetes mellitus.
- 3. What are the congenital heart diseases? Discuss the clinical features, investigations and management of atrial septal defect.

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Acute respiratory distress syndrome
- 5. Protein energy malnutrition
- 6. Causes, clinical features and treatment of haemophilia
- 7. Clinical features and management of achlasia cardia
- 8. Classification and management of pneumonia
- 9. What are the problems in High Risk Infants and how do you manage the problems?
- 10. Clinical features and management of congestive cardiac failure
- 11. Clinical features and management of schizophrenia
- 12. Clinical features and management of bronchiectasis
- 13. OP poisoning

#### SHORT ANSWERS $10 \times 2 = 20 \text{ Marks}$

- 14. Pink puffers and blue bloaters
- 15. Two antiviral drugs
- 16. Clinical features of spontaneous pneumothorax.
- 17. Types of aneurysms
- 18. Autism
- 19. Name first line antitubercular drugs.
- 20. Four precautions to be taken in diabetic foot
- 21. Classify anxiety disorders.
- 22. Wilson's disease
- 23. Two effects of smoking on respiratory system

## Rajiv Gandhi University of Health Sciences

Third Year BPT Degree Examination - Aug 2013

Time: 3 Hours [Max. Marks: 80]

### **Community Medicine**

**QP Code: 2168** 

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary.

#### LONG ESSAY (Answer any two)

2 X 10 = 20 Marks

- 1. List the various contraceptive methods. Explain about intra uterine contraceptive devices
- 2. Explain the principles of Health education
- 3. Define Primary Health Care. Explain the principles of Primary Health Care

#### SHORT ESSAY (Answer any eight)

8X5 = 40 Marks

- 4. Measles vaccines
- 5. Types of communication
- 6. Prevention of drug dependence
- 7. Health hazards due to industrialization
- 8. Health problems of the aged
- 9. Aspects of school health services
- 10. Male sterilization
- 11. Prevention and control of obesity
- 12. Rehabilitation of person with leprosy
- 13. Uses of epidemiology

SHORT ANSWERS 10 X 2 = 20 Marks

- 14. Define incidence and prevalence
- 15. Treatment of Multi bacillary leprosy
- 16. List the stages of demographic cycle
- 17. Mention any four warning signals of cancer
- 18. List the diseases transmitted by mosquito
- 19. Define eradication
- 20. Ergonomics
- 21. Gaps in the natural history of non-communicable diseases
- 22. Annual parasite incidence (API)
- 23. Types of surveillance in malaria.

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III Year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 80 Marks

# GENERAL SURGERY (RS-3 & RS-4)

Q.P. CODE: 2715

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- Describe incontinence under (a) Definition (b) Types (c) Causes (d) Assessment
   (e) Management
- 2. Classify congenital heart disease. What are the clinical features and management of Tetrology of fallot?
- 3. Write an essay on etiology and pathogenesis of Atherosclerosis.

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Cardiac tamponade
- 5. Aneurysm
- 6. Corneal ulcer
- 7. Chronic otitis media
- 8. Types of skin grafts
- 9. Facial burns
- 10. Write a note on general postoperative complications.
- 11. Thoracoplasty
- 12. Carcinoma of female breast
- 13. Pleural effusion

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 14. Types of scar
- 15. Any four factors affecting wound healing
- 16. What is gas gangrene?
- 17. Define Lung abscess.
- 18. Enumerate chest wall deformities.
- 19. Biopsy types
- 20. What is oesophageal disruption?
- 21. Pleurectomy
- 22. Effects of menopause on musculo skeletal system (any four)
- 23. Nephrectomy indications

III Year B.P.T. Degree Examination – Aug 2013

Time: Three Hours Max. Marks: 80 Marks

# CLINICAL ORTHOPAEDICS (OS, RS & RS2)

Q.P. CODE: 2163

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- Classify Rotator cuff lesions, briefly describe the clinical features & Management of Frozen shoulder
- 2. Discuss the process of Bone healing in Fracture
- 3. Discuss the aetiology, Pathology clinical features and management of CLUB FOOT

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Spina Bifida
- 5. Multiple Myeloma
- 6. Vertical Talus
- 7. Acute Gout
- 8. External Fixation
- 9. Osteoid Osteoma
- 10. Meniscal Tear
- 11. Neuropraxia
- 12. Osteogenesis Imperfecta
- 13. Dwarfism( Achondroplasia)

#### SHORT ANSWERS

 $10 \times 2 = 20 \text{ Marks}$ 

- 14. Radio Nucleide Bone Scan
- 15. Osteotomy
- 16. Bone Grafting
- 17. Syndactyly
- 18. Mallet finger
- 19. Supraspinatus Calcification
- 20. Involucrum
- 21. Sudeks Atrophy
- 22. Nerve Conduction Velocity
- 23. Colles Fractures

III Year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 100 Marks

#### **ORTHOPAEDICS & SPORTS PHYSIOTHERAPY**

(RS-3 & RS-4) Q.P. CODE: 2717

(QP Contains two pages)

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- A 21 year old man sustained fracture shaft of humerus which is reduced and treated conservatively with plaster of paris slab, visited a physical therapy clinic one day after the removal of slab for further management. List out the assessment, aims and means of treatment for the same.
- 2. What are the principles of rehabilitation after a tendon transfer surgery? Mention in detail some important tendon transfer surgeries, which are usually performed in lower limb in a case of poliomyelitis?
- 3. Write down the assessment and management of case of posterolateral disc prolapse, L4-L5 level, with pain radiating to left thigh.

#### SHORT ESSAYS (Answer any Twelve)

 $12 \times 5 = 60 \text{ Marks}$ 

- 4. Compile the assessment for biceps tendonitis along with the special test which aid in its diagnosis.
- 5. What are the causes of impingement syndrome in shoulder? Briefly mention the physical therapy treatment aims for it.
- 6. What are the general physical therapy treatment principles for osteoarthritis of knee at acute and sub acute and chronic stages?
- 7. Briefly mention the assessment of a 27 year old man following ankylosing spondylitis which is in sub acute stage.
- 8. What is the position of foot in CONGENITAL TALIPES EQUINO VARUS deformity? What are the principles of management for a 3 year old child with the deformity?
- 9. What is osteoporosis? Mention any 2 investigations required to diagnose it. What are the precautions to be taken by a physical therapist to treat a patient with the disorder?
- 10. Mention the physical therapy management for a patient with osteomyelitis of knee at chronic stage.
- 11. What are causes of THORACIC OUTLET SYNDROME? Mention 2 confirmatory tests for it.
- 12. Write the postoperative physical therapy management of patellectomy for a 30 year old male following a comminuted fracture of patella.
- 13. What is perthes disease? Mention physical therapy management for a 3year old boy diagnosed with perthes.
- 14. What are the types of spinal tractions? Give its indications and contra indications.
- 15. Discuss the physical therapy management of a 3 year old child who has a torticollis deformity to her right side.
- 16. What is spondilolisthesis? Write down the exercises, which can be given for an adult who has a listhesis over  $L_5$ - $S_1$  since 4 months after a fall.
- 17. Discuss briefly about the spinal orthosis and its mechanical principles, which can be given for a grade -2 scoliosis (cobb's angle greater than 40 degrees).

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 18. Bowstring test
- 19. Indications of synovectomy
- 20. What is a capsular pattern of a joint?
- 21. What is P.R.I.C.E?
- 22. Any 2 advantages of CLOSED KINEMATIC CHAIN EXERCISES
- 23. Plica syndrome
- 24. Sacral angle
- 25. Obers test Indication
- 26. Trigger finger Causes
- 27. Symptoms of spinal canal stenosis

III Year B.P.T. Degree Examination – Aug 2013

Time: Three Hours Max. Marks: 80 Marks

### ORTHOPAEDICS AND TRAUMATOLOGY

(RS-3 & RS -4)

Q.P. CODE: 2716

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- What are the causes for CDH? Explain the clinical features and management for the same
- 2. Explain the mechanism of injury for colle's fracture, its complications and medical management
- 3. Classification of fracture neck of femur, its complications and surgical management

#### SHORT ESSAYS (Answer any Eight)

 $8 \times 5 = 40 \text{ Marks}$ 

- 4. Causes for piriformis syndrome, clinical features and its management
- 5. Describe the various stages of perthe's disease and its cause and surgical management
- 6. Explain the mechanism of injury in meniscal tears, types and its conservative management
- 7. What are connective tissue disorders and explain each one briefly
- 8. Explain the causes for osteomyelitis, clinical features and the complications
- 9. Types of torticollis and its medical and surgical management
- 10. Explain the immediate and early complications following fracture shaft of femur
- 11. Explain the causes for rheumatoid arthritis, pathophysiology and various deformities seen in hand
- 12. Mention the causes for plantar fasciitis and also its management with emphasis on orthotics
- 13. Describe the etiology of cervical spondylosis, its clinical and radiological features

#### SHORT ANSWERS $10 \times 2 = 20 \text{ Marks}$

- Define cerebral palsy
- 15. Mention the surgeries done in poliomyelitis
- 16. List the types of spondylolisthesis
- 17. What is SACH foot?
- 18. What is mallet finger?
- 19. Mention the treatment for fat embolism
- 20. Jefferson's fracture
- 21. What is sacralisation?
- 22. Uses of SOMI brace
- 23. Indications for arthrodesis

III Year B.P.T. Degree Examination - Aug 2013

Time: Three Hours Max. Marks: 100 Marks

### CARDIORESPIRATORY & GENERAL PHYSIOTHERAPY

(RS-3 & RS-4)

Q.P. CODE: 2718

Your answers should be specific to the questions asked Draw neat labeled diagrams wherever necessary

#### LONG ESSAYS (Answer any Two)

 $2 \times 10 = 20 \text{ Marks}$ 

- 1. A 10 year old child diagnosed with bronchial asthma is dyspneic is unable to complete 6 minute walk test. Write a detailed pulmonary rehabilitation for him.
- 2. Elaborate phases of cardiac rehabilitation for a 55 year old obese patient who has undergone coronary artery bypass graft.
- 3. Elaborate antenatal assessment and management for a 28 year old primi gravida.

#### SHORT ESSAYS (Answer any Twelve)

 $12 \times 5 = 60 \text{ Marks}$ 

- 4. Classify peripheral vascular diseases. Write PT management for any one of them.
- 5. Explain the various electrotherapy and exercise therapy measures used in stress incontinence.
- 6. Write a detailed PT management in case of right pleural effusion who is on intercostal drainage.
- 7. Define oxygen therapy. Explain methods of providing oxygen therapy to patients.
- 8. Explain the Scar management following burns.
- 9. Define and classify ulcers. Give a PT management for a patient following venous uicer at the right lateral malleolus.
- 10. What are the anatomical and physiological differences between adult and pediatric respiratory system?
- 11. What are the means of assessing exercise tolerance for a patient with cardiac disease? Explain any one in detail.
- 12. What is arterial blood gas analysis? Add a note on respiratory acidosis and alkalosis.
- 13. What are the various methods used to assess the body composition?
- 14. What are the types of emphysema? Explain the PT management.
- 15. What is role of the physiotherapist for a patient following lobectomy?
- 16. Explain the various methods used to remove secretions.
- 17. What are the neuro-physiological facilitation techniques used to improve respiration?

SHORT ANSWERS  $10 \times 2 = 20 \text{ Marks}$ 

- 18. Define wheeze and crackles.
- 19. Define pulmonary rehabilitation.
- 20. Cardiac tamponade
- 21. Any 4 complications of ventilators
- 22. Any 4 precautions for diabetic foot
- 23. Autogenic drainage
- 24. What is diastasis pubis?
- 25. What is target heart rate?
- 26. What is paradoxical breathing?
- 27. Two indications of PFT

III Year B.P.T Degree Examination - Aug 2013

Time: 3 Hours Max. Marks: 40 Marks

## **Neurology**

Q.P. Code: 2166

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary (Note: Both QP Codes 2166 and 2167 are to be answered within total duration of 3 hours)

#### LONG ESSAYS (Answer any One)

 $1 \times 10 = 10 \text{ Marks}$ 

- 1. Define cerebral palsy? Classify. Discuss briefly clinical features, diagnosis & management of Cerebral palsy
- 2. What is poliomyelitis? Classify the stages and discuss briefly about clinical features, diagnosis & management or the same

#### **SHORT ESSAYS (Answer any Four)**

 $4 \times 5 = 20 \text{ Marks}$ 

- 3. Write briefly causes & management of cerebellar Ataxia
- 4. Discuss management of Neurogenic bladder
- 5. Discuss briefly about clinical features of polymyositis
- 6. Write in detail about Dystrophies
- 7. Write briefly about, the assessment of Reflexes

SHORT ANSWERS 5 x 2 = 10 Marks

- What is Transient ischemic stroke
- 9. Two importance of M R I Scan in clinical diagnosis
- 10. What is Gower sign?
- 11. Symptoms of increased intracranial pressure
- 12. Types of Tremors

III Year B.P.T Degree Examination - Aug 2013

Time: 3 Hours Max. Marks: 40 Marks

### **Neurosurgery**

Q.P. Code: 2167

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary (Note: Both QP Codes 2166 and 2167 are to be answered within total duration of 3 hours)

#### LONG ESSAYS (Answer any One)

 $1 \times 10 = 10 \text{ Marks}$ 

- 1. Write the classification clinical features and management of spinal cord tumors
- 2. Classify peripheral nerve injuries and discuss the principles of management

#### **SHORT ESSAYS (Answer any Four)**

 $4 \times 5 = 20 \text{ Marks}$ 

- 3. Discuss briefly management of head injury
- 4. Arnold chiari malformations
- 5. Clinical features of hydrocephalus
- 6. Signs & symptoms of increased intracranial pressure
- 7. Indications for neurosurgery

SHORT ANSWERS  $5 \times 2 = 10 \text{ Marks}$ 

- 8. What is spina bifida
- 9. Two use of CT scan
- 10. What is Erb's palsy
- 11. Indications for lumbar puncture
- 12. Name any two types of neurogenic bladder