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Reg. No.

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III Semester M.Sc. Degree Examination, April/May - 2022

PSYCHOLOGY

Psychotherapy
(CBCS Scheme)

Paper : 301



Maximum Marks : 70

Time : 3 Hours

Instructions to Candidates:

- a. Answer all the questions.
- b. All questions carry equal marks.

1. a) Define intervention and psychotherapy. Discuss the process of psychotherapy.

(OR)

b) Explain and evaluate individual and group psychotherapy.

2. a) Elucidate the techniques and procedure of Freudian psychoanalysis.

(OR)

b) Discuss contemporary trends related to object-relations theory.

3. a) Elaborate on techniques and procedures of Carl Roger's person-centred therapy.

(OR)

b) Describe the key concepts and therapeutic process of existential therapy.

4. a) Explain the techniques and Procedures of behavioural therapy.

(OR)

b) Describe Ellis's REBT.

5. a) Elaborate on solution focused brief therapy.

(OR)

b) Discuss the techniques and procedures of narrative therapy.

