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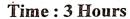
III Semester M.Sc. Degree Examination, April/May - 2022

**PSYCHOLOGY** 

**Psychotherapy** 

(CBCS Scheme)

Paper: 301



## Instructions to Candidates:

- a. Answer all the questions.
- b. All questions carry equal marks.
- 1. a) Define intervention and psychotherapy. Discuss the process of psychotherapy.

(OR)

- b) Explain and evaluate individual and group psychotherapy.
- 2. a) Elucidate the techniques and procedure of Freudian psychoanalysis.

(OR)

- b) Discuss contemporary trends related to object-relations theory.
- 3. a) Elaborate on techniques and procedures of Carl Roger's person-centred therapy.

(OR)

- b) Describe the key concepts and therapeutic process of existential therapy.
- 4. a) Explain the techniques and Procedures of behavioural therapy.

(OR)

- b) Describe Ellis's REBT.
- 5. a) Elaborate on solution focused brief therapy.

(OR)

b) Discuss the techniques and procedures of narrative therapy.

