# "A STUDY TO ASSESS THE KNOWLEDGE ON ILL EFFECTS OF SMOKING AMONG FINAL YEAR B.SC NURSING STUDENTS AT SMT. NAGARATHNAMMA COLLEGE OF NURSING, BENGALURU".

BY,

Ms. Sarna Banik

Mr. Sange Wangchuk

Mr. Sandip Saha

Ms. Sangje Lamo

Ms. Sangay Lhamu Sherpa

Ms. Sanjukta Das

Research Project work submitted to

Smt. Nagarathnamma College of Nursing, Bengaluru



Under the guidance of,

### MRS. PERUMALLA KEERTHI SUDHA ASSISTANT PROFESSOR

**DEPT. OF MEDICAL SURGICAL NURSING** 

Smt. Nagarathnamma College of Nursing,

Dr. SarvepalliRadhakrishnan Road

Soladevanahalli, Bengaluru - 560107

2023

1

### RAJIV GHANDI UNIVERSITY OF HEALTH SCIENCES BENGALURU

## SMT. NAGARATHNAMMA COLLEGE OF NURSING SOLADEVANAHALLI, BENGALURU - 560107



#### **CERTIFICATE**

## THIS IS CERTIFY THAT THE PROJECT WORK ENTITLED HAS BEEN SUCCESSFULLY CARRIED OUT BY, IVTH YEAR B.SC NURSING STUDENTS

[SarnaBanik, SangeWangchuk, SandipSaha, SangjeLamo, SangayLhamu Sherpa, Sanjukta Das]

SUBMITTED AS A PARTIAL FULFILLMENT OF REQUIREMENTS FOR THE BACHELOR OF SCIENCE IN NURSING FROM RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, BENGALURU.

Prof. Devi Nanjappan Mrs. PerumallaKeerthiSudha

Principal Assistant Professor

Dept. Of Medical Surgical Nursing

Dept. Of Medical Surgical Nursing

Smt. Nagarathnamma College of Smt. Nagarathnamma College of

Nursing, Bengaluru Nursing, Bengaluru

#### CERTIFICATE BY THE GUIDE

This is to certify that this project work entitled" A STUDY TO ASSESS THE KNOWLEDGE ON ILL EFFECTS OF SMOKING AMONG FINAL YEAR B.SC NURSING STUDENTS AT SMT. NAGARATHNAMMA COLLEGE OF NURSING, BENGALURU " is a bonafide research done by SarnaBanik, SangeWangchuk, SandipSaha, SangjeLamo, SangayLhamu Sherpa, Sanjukta Das as a partial fulfillment of requirement for the degree of Bachelor of Science in Nursing under the guidance of Mrs. PerumallaKeerthiSudha, Assistant Professor of Smt. Nagarathnamma College of Nursing, Bengaluru.

Date: Signature of the Guide

Place : Bengaluru Mrs. Perumalla Keerthi Sudha

**Assistant Professor** 

Dept. of Medical Surgical Nursing

Smt. Nagarathnamma College of Nursing

#### **ABSTRACT**

"A STUDY TO ASSESS THE KNOWLEDGE ON ILL EFFECTS OF SMOKING AND IT'S ASSOCIATED FACTORS AMONG FINAL YEAR B.SC NURSING STUDENTS AT SMT. NAGARATHNAMMA COLLEGE OF NURSING, BENGALURU."

#### **BACKGROUND:**

#### **Objectives:**

- To assess the level of knowledge on ill effects of smoking among final year B.Sc nursing students at Smt. Nagarathnamma College of Nursing, Bengaluru.
- To find out the association between knowledge scores with selected demographic variables at Smt. Nagarathnamma College of Nursing, Bengaluru.

**Method**: Descriptive approach was used to collect data from 30 subjects selected by convenient sampling technique through non probability sampling approach consisting 2 section.

Section A - Demographic variables consisting 4 items

Section B - Structured questionnaire for assessing knowledge level consisting 30 items.

Result: The majority of respondents had adequate knowledge on ill effects of smoking

Overall mean percentage of knowledge score is 60.11%.

### TABLE OF CONTENT

SL. No.	CHAPTER	PAGE NO
1	INTRODUCTION	9 - 11
2	NEED FOR THE STUDY	12 - 16
3	REVIEW OF LITERATURE	17 - 21
4	METHODOLOGY	22 - 27
5	ANALYSIS AND INTERPRETATION	28 - 29
6	RESULTS	30 - 37
7	DISCUSSION	38 - 39
8	CONCLUSION	40 - 41
9	SUMMERY	42 - 45
10	BIBLIOGRAPHY	46 - 48
11	ANNEXURES	49 - 60