

“A STUDY TO EVALUATE THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME IN KNOWLEDGE REGARDING POLYCYSTIC OVARIAN SYNDROME (PCOS) AMONG 1ST YEAR BSc NURSING STUDENT OF SMT. NAGARATHNAMMA COLLEGE OF NURSING, BENGALURU”



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RESEARCH ABSTRACT

“When women and adolescent girls have equal rights and opportunities, their families, communities and nations prosper”.

-Dr. Babatunde Osotimehin (UNEP Executive Director.)

“A study to evaluate the effectiveness of structured teaching programme on knowledge regarding polycystic ovarian syndrome (PCOS) among 1st year Bsc nursing students of Smt. Nagarathanamma college of nursing, Bengaluru.”

Background Study:

Polycystic Ovarian Syndrome or disease (PCOS/PCOD), originally described in 1935 by Stein and Leventhal, is a complex, heterogeneous disorder of uncertain etiology, with a large degree can be classified as a genetic disease. It is thought to be the most frequent endocrine problem of women in reproductive age.

In India nearly 40% of the women are affected by polycystic ovarian syndrome or disease (PCOD). But among them only 60% come to hospital for treatment, when they recognize that they have got infertility.

This study was undertaken to assess the effectiveness of structured teaching program on knowledge regarding polycystic ovarian syndrome among 1st year Bsc nursing students at Smt. Nagarathanamma college of nursing, Bengaluru.

The objectives of “A study to evaluate the effectiveness of structured teaching program on knowledge regarding polycystic ovarian syndrome (PCOS) among 1st year Bsc nursing student of Smt. Nagarathanamma college and school of nursing, Bengaluru.”

- To assess the existing knowledge regarding polycystic ovarian syndrome among the students of 1st year BSc nursing students of Smt. Nagarathanamma college of nursing, Bengaluru.
- To calculate the effectiveness of structured teaching program on knowledge regarding polycystic ovarian syndrome among 1st year BSc nursing students of Smt. Nagarathanamma college of nursing.

- To find an association between pre-test and post-test knowledge score regarding polycystic ovarian syndrome among 1st year BSc nursing students of Smt. Nagarathanamma college of nursing.

RESULT:

There was significant improvement in the knowledge of students following the administration of structured teaching program on Polycystic Ovarian Syndrome.

Conclusion:

The present study attempted to assess knowledge regarding polycystic ovarian syndrome. The study findings showed that the post test score was higher than the pre-test score and was concluded that structure teaching program on polycystic ovarian syndrome was effective.

Key words: Effectiveness, Structured Teaching Program, Prevention, Polycystic Ovarian Syndrome.