

**"A STUDY TO ASSESS THE EFFECTIVENESS OF PLAN TEACHING PROGRAMMER ON KNOWLEDGE REGARDING BREAST SELF-EXAMINATION AMONG UNDER GRADUATE STUDENTS IN SELECTED EDUCATIONAL INSTITUTION, BANGALORE."**

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Research project work submitted to

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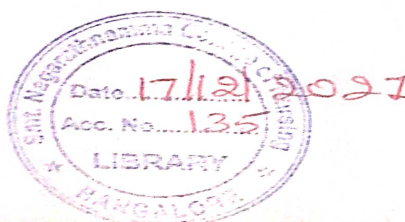
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## ABSTRACT

**'A STUDY TO ASSESS KNOWLEDGE ON BREAST SELF EXAMINATION AMONG UNDER GRADUATE GIRLS AT SELECTED AIGS COLLEGE ,ACHARIYA INSTITUTE,BENGALORE.'**

### Background

### Objectives:

- To assess the knowledge of adolescent girls regarding breast examination.
- To find out the association between knowledge scores with selected demographic variables like age , education, family.

### Method:

Descriptive approach was used to collect data from 30 subjects selected by convenient sampling technique through non probability sampling approach consisting 2 sections.

Section A: Demographic variable consisting of 6 items.

Section B: Structured questionnaire for assessing knowledge level consisting of 30 items.

### RESULT:

The majority of respondents 74% had inadequate knowledge on breast self examination.

Overall percentage of knowledge score on pretest is 63.3% and on post test 96.6%

## TABLE OF CONTENT

	CHAPTER	PAGE NO
1	INTRODUCTION	9-12
2	NEED FOR STUDY	13-16
3	OBJECTIVES	17-18
4	REVIEW OF LITERATURE	19-23
5	METHODOLOGY	24-27
6	RESULTS	28-40
7	DISCUSSION	41-43
8	CONCLUSION	44-45
9	SUMMARY	46-48
10	BIBLOGRAPHY	49-52
11	ANNEXURES	53-62