

**A STUDY TO ASSESS THE EFFECTIVENESS OF SELF INSTRUCTIONAL
MODULE (SIM) AMONG STAFF NURSES REGARDING KNOWLEDGE
AND ATTITUDE TOWARDS DELEBERATE SELF-HARM (SUICIDE)
AND ITS PREVENTION IN ADULTS AT SELECTED HOSPITALS
OF BANGALORE.**

**BY
Mrs. VIJI VINCENT**

**Dissertation submitted to Rajiv Gandhi University of Health sciences, Karnataka,
Bangalore.**



In partial fulfillment of requirement for the degree of

Master of Science in Nursing

In

PSYCHIATRIC NURSING

Under the guidance of

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DECLARATION BY THE CANDIDATE

I, Mrs. Viji Vincent , here by declare that this dissertation/thesis entitled “ A Study to Assess The Effectiveness Of Self Instructional Module (SIM) Among Staff Nurses Regarding Knowledge And Attitude Towards Deliberate Self-Harm (Suicide) and Its Prevention In Adults at Selected Hospitals of Bangalore” is a bonafide and genuine research work carried out by under the guidance of Prof. M.V Yashodamma, Principal, HOD Of Psychiatric Nursing, Smt. Nagarathamma College Of Nursing, Bangalore.

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LIST OF ABBREVIATIONS USED

BISP – Bangalore Injury Surveillance Programme

CMHN – Community Mental Health Nurse

DSH – Deliberate Self Harm

NS – Non-Significant

NIMHANS – National Institute of Mental Health and Neuro Sciences

SD- Standard Deviation

SIM – Self Instructional Module

SIRI – Suicide Intervention Response Inventory

ABSTRACT

BACKGROUND AND OBJECTIVES OF THE STUDY:

Suicide is increasingly common in many countries, is often repeated and may have other negative out comes. Providing care for patients with suicidal ideation or after suicidal acts in hospital often poses particular challenges for nurse. This study investigates the nurses knowledge and attitude towards suicide its prevention. The study was aimed to determine the knowledge and attitude, evaluate the effectiveness of SIM among staff nurses regarding knowledge and attitude regarding suicide and its prevention. And to determine the association between post test of knowledge and attitude score of staff nurses regarding suicide and its prevention among adults with selected demographic variables.

METHODS:

The research approach is descriptive and evaluative, research design is quasi experimental pre test and post test design. The sample size consists of 60 staff nurses working in selected hospitals, Bangalore. Instrument used for the data collection was structured knowledge questionnaire and attitude scale, the instrument was organized into two parts. Part I and part II, Part I, is demographic data and Part II, includes section A,B,C,

SECTION A: Structured questionnaire on knowledge about suicide among adults.

SECTION B: Structured questionnaire on prevention of suicide among adults.

SECTION C: Attitude statement regarding suicide and its prevention.

The settings of the study was selected Hospitals Bangalore. Purposive sampling technique was used to select the sample.

RESULTS:

The results of the study showed that pre test over all knowledge score regarding different aspect of suicide and its prevention was 45.1% mean and SD was 13.7 and during post test over all knowledge score was >35%

The pre test over all attitude score 69.55% mean and SD was 6.4. post test attitude score was 82.83% mean and SD was 4.8.

There is a significant association between the post test knowledge in the selected demographic variables like- Gender, Income, Marital status, Religion, Residential area, Type of family, and Previous knowledge of suicide and its prevention.

There is a significant association between the post test attitude score with selected demographic variables like- Age, Gender, Type of family, Previous knowledge.

INTERPRETATION AND CONCLUSION:

The study proved that the staff nurses have a remarkable increase in their knowledge regarding suicide and its prevention among adults were compared to their previous knowledge and attitude, prior to implementation of the SIM. Thus for the future out look there is a need to improve their knowledge by conducting the teaching and demonstration programme regarding different aspects of suicide and its prevention.

KEY WORDS: Knowledge, Attitude, Staff Nurses, SIM, Suicide

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