**I Year B.Sc. Nursing Degree Examination – 22-Feb-2023**

# Time: Three Hours Max. Marks: 45 Marks

## **NUTRITION**

**(RS3, RS4 & RS5)**

### Q.P. Code: 1755

Your answers should be specific to the questions asked.

Draw neat labeled diagrams wherever necessary. Answer all questions

#### (Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)

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| **LONG ESSAYS** | | **1 x 10 = 10 Marks** |
| 1. | Discuss the principles and points to the considered while planning balanced diet. | |

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| **SHORT ESSAYS** | | **5 x 5 = 25 Marks** |
| 2. | Explain the nutritional problems of India. | |
| 3. | What is the calorific value, daily requirement and sources of lipids. | |
| 4. | Mention the sources and deficiency of Minerals. | |
| 5. | Explain safe Food Handling. | |
| 6. | List various agencies working towards food and nutrition. | |

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| **SHORT ANSWERS** | | **5 x 2 = 10 Marks** |
| 7. | What is the clinical features of Marasmus. | |
| 8. | What are first class/ complete proteins? | |
| 9. | List any four factors that affect BMR. | |
| 10. | What are Carotenes? | |
| 11. | Define dehydration. | |

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