



**BANGALORE CITY UNIVERSITY**

**DEPARTMENT OF CREATIVE PAINTING**

**ART PROJECT ON**

**“MANDALA ART”**

Submitted in partial fulfillment for the award of the  
degree of

**BACHELOR OF VISUAL ARTS**

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**ACHARYA SCHOOL OF DESIGN**

**SUBMITTED BY**

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## Objectives:

- 1) To gain an in-depth knowledge about mandala art.
- 2) To improve my understanding and history of mandala art.
- 3) To improve my writing skills.
- 4) To build the confidence to speak about it.
- 5) To improve the visualization of certain themes, designs, and shapes which could be incorporated in my art practice.

# CONTENTS:

- 1) OBJECTIVES
- 2) INTRODUCTION
- 3) PROJECT METHODOLOGY
- 4) CASE STUDY ABOUT MANDALA ART
- 5) ARTIST PRACTICING IN MANDALA ART
- 6) PROJECT OUTCOME AND CONCLUSION
- 7) BIBLIOGRAPHY

## Introduction

Mandala art existed since the 8<sup>th</sup> century and developed through the 12<sup>th</sup> century, but now it is practiced by Tibetan

Buddhism, in which each mandala is dedicated to specific deities.

In the ancient Sanskrit language of Hinduism and Buddhism mandala means "CIRCLE". Traditionally, a mandala is a geometric design or pattern that represents the cosmos or deities in various heavenly words. Mandala was created in the service of one of the world's great religions Buddhism they were produced in Tibet, India, Nepal, China, Japan, Bhutan and Indonesia and date from the 4<sup>th</sup> century to the present is a geometric configuration of symbols. In various spiritual traditions, mandalas may be employed for focusing the attention of practitioners and adepts, as a spiritual guidance tool, for establishing a sacred space, and as an aid to meditation and trance induction.

In the Eastern religions of Hinduism, Buddhism, Jainism, and Shintoism it is used as a map representing deities, or especially in the case of Shintoism, paradises, kami, or actual shrines. A mandala generally represents the spiritual journey, starting from the outside to the inner core, through layers.

Colours that they used in Mandala have their specific meaning:

- BLUE: It's symbolized inner peace, harmony, emotions, healing and meditation.
- PURPLE: It symbolizes the color of spirituality and spirit.
- PINK: It symbolizes Femininity, intuition and love.
- RED: It symbolizes Passion, energy and strength.
- ORANGE: It symbolizes creativity, self-awareness and self-transformation.