DEAFNESS

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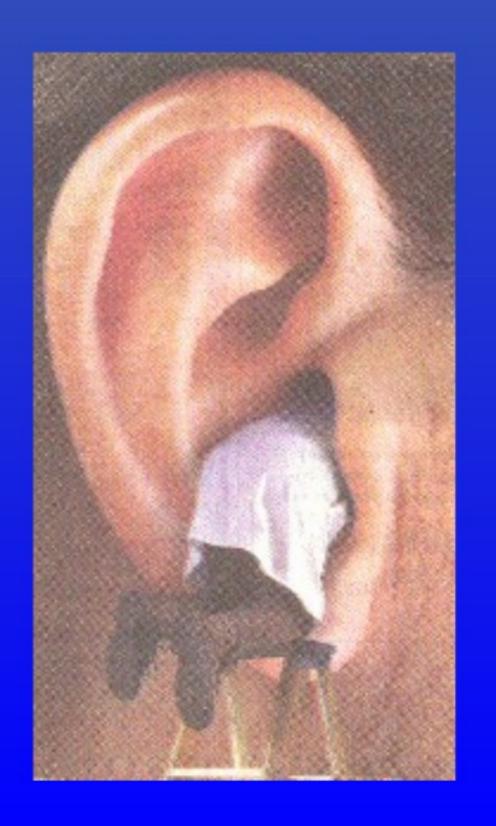
Definition

A person who is not able to hear as well as someone with normal hearing – hearing thresholds of 25 dB or better in both ears – is said to have hearing loss.



Type of Loss

- Conductive
- Sensorineural
- Mixed
- Auditory Processing Disorder

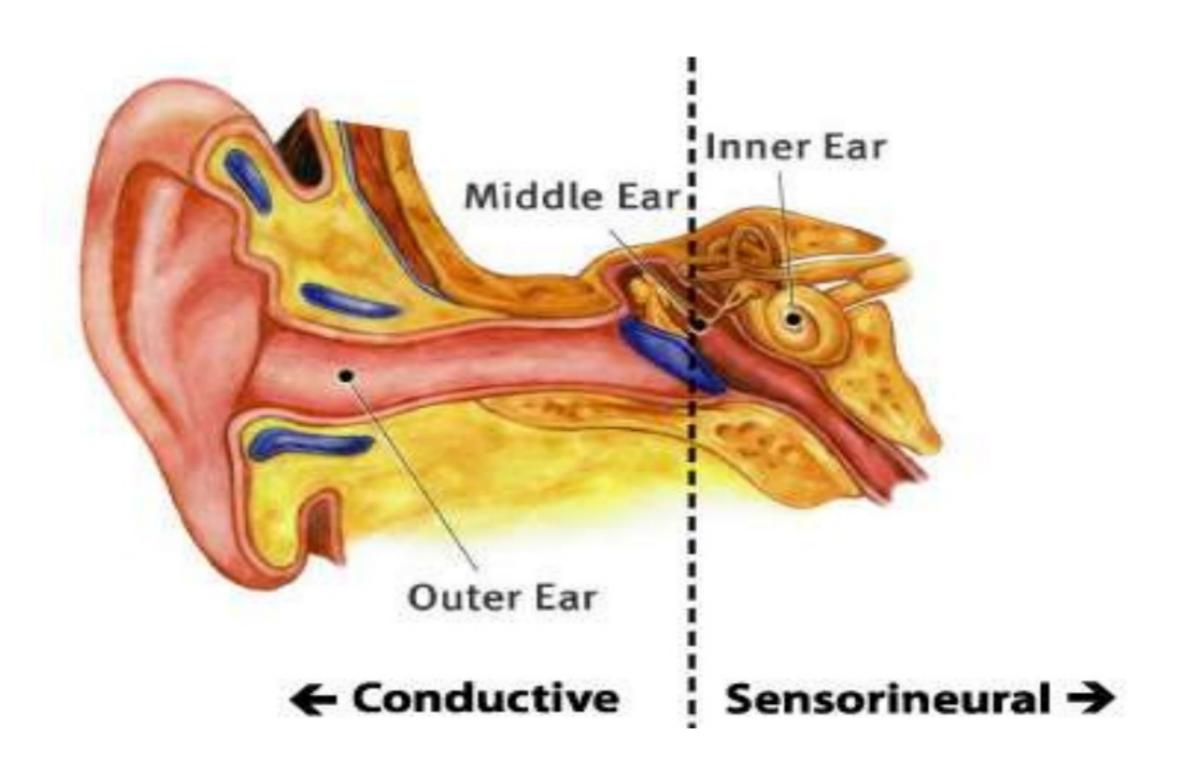


Quantification of Hearing Loss

- Unable to hear sound at
 - "Mild" Hearing Loss
 - 26 40 dB
 - "Moderate" Hearing Loss
 - **41-55** dB
 - "Severe" Hearing Loss
 - **56-70 dB**
 - "Profound" Hearing Loss
 - 91 dB & greater



- A conductive hearing impairment: Hearing impairment caused by interference with sound or vibratory energy in the external canal, middle ear, or ossicles.
- A sensorineural hearing impairment: One resulting from dysfunction in the inner ear, especially the cochlea where sound vibrations are converted into neural signals, or in any part of the brain that subsequently processes these signals.



MIXED H.L

 It is caused by combination of conductive and sensorineural

Central/ functional H.L

 It is caused by problem along the pathway from the inner ear to the auditory region of brain

Presbycusis

Deafness occurs due to ageing

Unilateral vs bilateral

 Single-sided deafness (SDD), or unilateral deafness, refers to hearing impairment in just one ear, while bilateral deafness is hearing impairment in both.

Causes of Conductive deafness

External ear:

- Wax,
- Fungus,
- Otitis Externa,
- Foreign Bodies,
- Polyps,

- Myringitis,
- Stenosis,
- Atresia,
- Tumours.

Cont....

Middle Ear

- Congenital defects of the ear drum and ossicles.
- Traumatic: Barotrauma, rupture of ear drum, # of the base of the skull
- Inflammation: AOM,
 COM, Serous OM,
 Adhesive OM.
- Tuberculosis and syphilitic OM
- Neoplasms
- Otosclerosis

Causes of Conductive deafness

Eustachian tube

- Eustachian catarrh
- Eustachian tube dysfunction due to diseases of the nose, paranasal sinuses & pharynx
- Barotrauma

Causes of Sensori-neural deafness

Local causes (inner ear)

- Congenital
- Trauma: Head injury, surgical injury to labyrinth, loud sounds (acute or chronic acoustic trauma) producing concussion.
- Infections: mumps, syphilis, tuberculous meningitis, enteric fever, labyrinthitis.

- Tumours: Acoustic neuroma (Schwanoma of C8 nerve)
- Meniere's disease
- Ototoxic drugs: streptomycin, Kanamycin, neomycin, salicylates, frusemide and quinine.

Causes of Sensori-neural deafness

General causes

- Presbycusis
- CVS: atherosclerosis, HTN
- CNS: disseminated sclerosis
- DM
- Avitaminosis
- Hypothyroidism
- Smoking
- Alcoholism

Presbyacusis: is a progressive bilateral symmetrical age-related sensorineural hearing loss. It is also known as agerelated hearing loss

Causes of Mixed deafness

- Trauma: Blast injury, acoustic trauma, head injury.
- CSOM with labyrinthitis.
- Otosclerosis
- Senile deafness superimposed on conductive deafness.

Clinical features

- Not responding when speaking others
- Straining to ear
- Difficulty to communicate
- Suspicion
- Loss of self esteem

Diagnosis

- H.C
- P/E
- Rinne's test & weber's test
- Audiometry
- Auditory brain stem response
- Tympanometry
- EOAEs(evoked otoacoustic emissions) measures sound originated in haircells of cochlea using microphone and transducer

Treatment

- Conductive deafness: Hearing aid
- Sensori-neural deafness:
 - For sudden deafness:
 - Steroids
 - Vasodilators
 - Vit. B₁, B₆ & B₁₂
 - Vit. A, C & E
 - Carbogen (5% CO_2 with 95% O_2) [to imrove blood circulation in the cochlea]

For chronic deafness

- Hearing aids
- Cochlear implants
- Conversation should be slow, clear & not too clear
- Auditory training & lip reading.

Surgical management

- Surgery is indicated for conductive or mixed hearing loss.
- To restore conductive hearing
 - Myringotomy
 - Stapedectomy
- Assisted hearing in profound deafness
 - Cochlear implants
 - Temporal bone stimulators (Bone hearing devices)
 - Middle ear implants (Semi-implantable hearing device)
- Tumour excision for acoustic neuroma

Impact of HL on Quality of Life

- Physical health
- Emotional & mental health
- Other's perceptions of a person's mental acuity
- Social skills
- Family relationships
- Self-esteem
- Work & school performance

CONTROL AND PREVENTION

- Avoid using cytotoxic drugs
- Avoid exposure to loud noises
- No buds for ear cleaning
- Protect ear from any injury
- Monitor hearing ability periodically
- Do not practice traditional way of poring hot oil into the ear