

QUESTION BANK
COMMUNITY HEALTH NURSING II

Unit-1: INTRODUCTION * DEFINITION, CONCEPT AND SCOPE OF COMMUNITY

Long essay: NO QUESTIONS

1. NIL

SHORT ESSAY:

1. Explain the scope of community Health Nursing
2. Explain the principles of community Health Nursing.
3. Describe historical development of community Health and community Health Nursing in India.

SHORT ANSWER:

1. Define health.
2. Describe the concepts of health.
3. Define community health
4. Define community health nursing
5. List the characteristics of community
6. What is Basic Science Era?
7. Define Public Health.
8. Mention any four scope of Community Health Nursing in India.
9. Write any four principles of Community Health Nursing.
10. Define Community.
11. Differentiate the institutional nursing and community health nursing
12. What are the Major roles of community health nurse

UNIT-2: HEALTH PLANNING AND POLICIES AND PROBLEMS

Long essay:

1. Explain Health Problems of India
2. a. List out the “community health problems” in India?
b. Discuss the problem solving approach in management of Protein Energy Malnutrition among children in the group of 1 to 3 years.

SHORT ESSAY:

1. List the objectives of National population policy & explain in detail about it.
2. Write the salient features of National Health Policy 2002
3. Write objectives and goals of 12th five year plan
4. Enumerate the recommendations of Bhore committee.
5. Explain the recommendations of Kartar singh committee.
6. Describe the recommendations of Mudaliar committee.
7. Enlist the areas of focus on Health Planning led by Ministry’s National Health Policy.
8. Define Health Planning. What are the main requirements for a plan to be effective and complete?
9. Describe the recommendations of High Power Committee.
10. List the Health Problems in India and explain the role of Community Health Nurse in prevention and control of the problems.
11. Explain steps of planning cycle.

SHORT ANSWER:

1. List the functions of central council for health and family welfare
2. List the four goals of five year plans
3. Define health planning
4. List any four objectives of health planning.
5. List any four goals of health planning
6. What are the resources used in health planning
7. Define plan.
8. Enlist the steps in planning cycle.
9. Define evaluation.

10. Write any four recommendations of Bhore committee .
11. Mention any four recommendations of Mudaliar committee
12. Write any four recommendations of Chadah committee
13. Enlist any four recommendations of Mukerji committee
14. Mention any four recommendations of Jungalwalla committee
15. Write any four recommendations of Kartar Singh committee .
16. List four recommendations of Shrivastav committee
17. Mention any four recommendations of rural health service
18. Write the objectives of Health for all 2000 AD

UNIT-3: DELIVERY OF COMMUNITY HEALTH SERVICES

Long essay:

1. Explain the organization of community health services at rural area
2. List the Staffing pattern of primary health centre.
- b. explain the and functions of primary health centre.
3. Describe the Staffing pattern and function of community health centre.
4. a) Health education? b) Write in detail about the method and media required to educate the public regarding environmental sanitation.
5. A) Define MCH. B) List the objectives of MCH Programme. C) Explain the role of nurse in MCH services.
6. School Health programme is important in building the "health of the nation". Discuss.
7. Define 'occupational health' explain briefly the occupational health hazards and its prevention.
8. Define occupational health? B) Explain the engineering measures taken to prevent occupational diseases?
9. A) Define concept of family welfare? B) Explain role of nurse in family welfare services?
10. Define primary health care? Explain the Role of nurse in primary health care.
11. a. Define Antenatal Care(2m)
b. List out the Objectives of Antenatal Care(3m)
b. Develop a 'nursing care plan to Antenatal mother with 24 weeks of gestation(5m)

SHORT ESSAY:

1. Describe the health care system at the state level
2. Describe the health care system at the district level
3. Describe the health care system at the block level
4. Write about Panchayat raj
5. Explain the components of school health services
6. Explain the medical measures taken to prevent occupational diseases
7. What are the health problems due to industrialization?
8. Write in detail about the causes and prevention of accidents in industry.
9. Enumerate on antenatal advices

10. List the steps to be followed in the Initiation or organization of school health services
11. Explain the Principles of primary health care
12. Explain the Principles of health education
13. What are the sources of vital statistics?
14. Highlight the functions of central council of health.
15. Explain the indicators of MCH services.
16. Explain MTP act.
17. Write in detail about Child adoption act.
18. Explain the techniques of home visiting.
19. List the causes and prevention of female foeticide.
20. Explain the chain of referral services
21. Explain the benefits of ESI act.
22. Describe Food adulteration act.
23. Explain the causes the prevention of substance abuse
24. Describe Active surveillance measures in anti malarial programme
25. List the functions of ASHA
26. List out the elements of primary health care
27. Explain the Contents of health education
28. Enumerate on National immunization schedule
29. Describe the role of AYUSH in health care system
30. Briefly describe on of Indian factories act.
31. Explain the measures for health protection of worker
32. Explain about the district level health administration in India. List out the function of union list and concurrent list
33. Explain about the state health directorate and its function
34. Describe the physical setup and functions of Primary Health Centre.
35. Explain individual approach and group approach in Health Education.
36. Mention the aims and objectives of Community development programme.
37. Explain the job responsibilities of Gram Sevak the village health worker.
38. Describe about indigenous system of Medicine.
39. Explain the health services available at Community Health Centre
40. Explain the levels of health care
41. Enumerate the warning signs of high risk pregnancy.
42. Enumerate the health care delivery system in urban India.
43. Explain the levels of prevention.

SHORT ANSWER:

1. Mention four importance of health education
2. What are the Causes of air pollution?
3. List the cause noise pollution
4. Define vital statistics
5. Enlist any four objectives of school health services
6. Define ergonomics
7. List four causes of Sickness absenteeism
8. What are the benefits of spiritual healing?
9. Brief out the Concept of Epidemiological Approach
10. List four function of ASHA workers
11. List Objectives of antenatal care
12. Enlist the benefits of Janani suraksha yojana
13. State the benefits of “Vande matharam scheme”
14. List the functions of sub-centre
15. Mention any four objectives occupational health services
16. List objectives of post natal care
17. List functions of DGHS
18. List objectives of school health services
19. What are the danger signals during Labour?
20. Define eligible couple
21. Define environmental sanitation
22. List four benefits of yoga
23. Mention any four functions of Anganawadi worker
24. Define home visiting
25. Draw the organisational set up at centre level health system
26. List the functions of Union Ministry of Health and Family Welfare
27. Expand and write any four functions of UMHFW
28. Mention the functions of Union list and Concurrent list
29. Expand DGHS
30. List the functions of DGHS
31. Write the objectives of Central council of health

32. Write the Function of Central council of health
33. Draw the Organisational setup at the state level.
34. List the functions of State health administration.
35. Mention the objectives of State ministry of health.
36. List any four responsibilities of State Health Directorare.
37. Draw the Organisational setup at the district level.
38. Draw the Organisational setup at the urban areas of the districts.
39. Define Panchayath raj.
40. Define Zilla parishad.
41. List the causes of Infant Mortality Rate
42. List the Components of essential obstetric care
43. List the different types of clinics.
44. List the objectives of MCH.
45. Enumerate any four advantages of breast feeding
46. List the causes for infertility
47. Define couple protection rate.
48. What is the criteria for selection of ASHA ?

Unit-4: Community Health Nursing approaches, concepts and roles and responsibilities of Nursing Personnel

LONG ESSAY:

1. List any four nursing theories? B) Explain community health nursing process?
2. A) Define theories.
B) Explain the health promotion models and explain any one .
3. Define home visiting? Discuss the steps of nursing process in community health nursing.
4. Explain evidenced based approach with appropriate example
5. List objectives of camps? B) Describe organization of MCH camp in community?
6. A) Define home visiting?. Develop a 'nursing care plan to Antenatal mother with six months gestational age, not attended clinic, not immunized and has pedal edema:"
7. Define home visiting? Explain the step in home visiting?
8. Define family? Explain the role of community health nurse in family health services
9. a. Define Family Health (2+3+5)
b. List the approaches of Family Health

c. Discuss the role of Community health Nurse in Family Health Services

10. List common minor ailments? Explain the role of nurse in preventing minor ailments at home?
11. Define Primary Health Care. Explain the community participation in promoting primary health care with examples.
12. Explain the Waste Management in centers and clinics.
13. a. Define Records (2)
 - b. List out the principles of records and reports (3)
 - c. Describe the role of nurse in maintenance of records and reports (5)
14. a. Enlist the Functions of Primary Health Centre(4m)
 - b. Explain the role of a Community Health Nurse in Primary health Care (6m)
13. a) List any four nursing theories (2)
 - b) Explain nightingale's environmental theory (8)

SHORT ESSAY:

1. Describe the steps in Epidemiological approach in preventing out-break of cholera.
2. Explain Job description of female health worker
3. Explain Job description of male health worker
4. How will you implement IEC in prevention of HIV
5. Explain evidenced based approach in preventing of dengue fever.
6. Describe the role of nurse in counseling antenatal mother for HIV.
7. Define Management information system? How its useful in maintaining records and reports.
8. Explain the waste management at Primary health centre
9. Explain principles of home visiting
10. Explain the techniques in home visiting
11. Explain steps in bag technique
12. Explain different types of clinics
13. Explain job description of female health assistant
14. Explain job description of male health assistant
15. Explain the role of nurse in National Health Programme.
16. Describe Family as a unit of Health Care.
17. Briefly describe the principles of primary health care.
18. Explain the training and supervision of various categories of health worker.
19. Describe the legal aspects of records and reports.

SHORT ANSWER:

1. What is the meaning of equitable distribution in Primary Health Care?
2. Write any four importance of community participation
3. What is the meaning of community participation?
4. What do you mean by Multi sectoral approach in community health services?
5. Define information
6. Define communication
7. Define education
8. List any four qualities of community health nurse
9. Define home visiting
10. List four objective of home visiting
11. List four purpose of home visiting
12. Mention any four functions of Anganawadi worker
13. Define Family coping index.
14. What is eco map?
15. Give two examples of appropriate technology.
16. List any four purposes of records and reports.
17. Mention any four elements of Primary Health Care.
18. Define Standing Orders
19. Write the Minor ailments of Fever
20. Define Bag technique.
21. Define evidence based approach
22. Define IEC.
23. Write about uses of Appropriate Technology
24. List the barriers of communication.
25. Mention the Job description of Multi Purpose Health Worker
26. List the barriers of evidence based practice.

UNIT-5: ASSISTING INDIVIDUALS AND GROUPS TO PROMOTE AND MAINTAIN THEIR HEALTH

LONG ESSAY:

1. Define substance abuse? Explain causes, effects of alcohol and role of nurse in preventing and management of alcohol abuse?
2. Discuss in detail the activities of community Health nurse in assisting family to promote and maintain their health.
3. Define child abuse. List type of child abuse. Explain the role of nurse in preventing the child abuse.
4. Define women empowerment. Explain the national policy for the empowerment of women.

SHORT ESSAY:

1. Describe in brief the assessment of mile stones during infancy
2. Describe in brief the assessment mile stones during toddler
3. Explain Female foeticide act
4. Explain the effects of child abuse.
5. Explain the various methods of waste disposal at home
6. Describe the type of abuse of elders
7. Briefly explain the prevention of Elderly Abuse
8. Explain Immunization schedule
9. Describe the steps in breast self examination
10. Mention the ways of prevention and control of Food Adulteration
- 11 Explain the effects of substance abuse.
- 12 Describe the menstrual cycle.
- 13 Explain about growth chart.
- 14 Explain the testicular self examination.
- 15 Describe the albumin test
- 16 Explain the role of nurse in elderly abuse.

SHORT ANSWER:

1. List the warning signs of cancer
2. Highlight the concept of self care
3. Mention any four causes of substance of abuse
4. Enlist any four signs and symptoms of substance of abuse
5. List the type of old age homes in india
6. Define growth and development
7. Write any four advantages of routine health check up
8. Mention any four advantages of follow-up services
9. State the frequencies of follow-up services in tuberculosis
10. List out the components of women empowerment
11. Write the meaning of trauma services
12. What are the principles of record writing?
13. List any four rights of girl child.
14. Highlight any four reasons of establishment of old age home in india
15. Define orphanages
16. Mention the objective of trauma services
17. Define Counseling.
18. Write the health problems of Commercial sex worker
19. Mention the components of Oral rehydration salt

**UNIT-6: NATIONAL HEALTH AND FAMILY WELFARE PROGRAMMES AND THE ROLE
OF A NURSE****LONG ESSAY:**

44. Write the objectives of National Health Programme? B) Explain National programme for control of blindness?
45. a) List out the cause of Blindness (2)
 1. b) Write in detail about the National programme for control of Blindness
 - 2.
 3. List the objective of RNTCP? b) Explain the district tuberculosis control programme?

4. List the main objectives of ICDS? B) explain the delivery of services rendered to mother and children through ICDS programme?
5. Define RCH Programme? Explain the role of nurse RCH phase II?
6. Define epidemiology? Describe surveillance activities in India to control malaria & HIV/AIDS.
7. Describe briefly the general measures to control communicable diseases in India. Discuss the role of Nurse in prevention and control of Malaria.
8. Explain in detail the National Leprosy eradication programme. Discuss the role of Nurse in its prevention.
9. List the programmes undertaken by the government of India to promote Nutritional Health of the people. Explain the responsibilities of Community Health Nurse in successful implementation of these programmes.
10. List any four diseases related to life style deviation. How will you promote healthy life style in adolescent group.
11. a. List out the national nutritional programmes in India (2)
b. Discuss the National Nutritional Anemia Prophylaxis Program in India (8)
12. a. Describe the objectives and activities of RCH Programme (5m)
b. Explain the role of community health Nurse in its effective Implementation (5m)
- 13.A) Explain the national leprosy eradication programme.
B) Explain the role of nurse in National leprosy eradication programme.
14. A) Enlist the various vertical health programmes in India. (3)
B) Explain RNTCP.
- 15 A) List out four vector borne diseases.
B) Explain the national anti-malaria programme with the role of nurse.
- 16A) List any four sexually transmitted diseases.
b) Explain the STD control programme.

SHORT ESSAY:

1. Explain National ARI programme
2. Describe National AIDS control programme
3. Write in detail about the surveillance activities in India to control of HIV/AIDS.
4. State the objectives and activities of National AIDS control Programme
5. Explain Components of RCH phase II
6. Explain national leprosy eradication program
7. Explain national diabetes control programme
8. Explain mid meal programme
9. Explain the preventive measures for controlling Reproductive Tract Infections
10. Explain briefly Iodine deficiencies disorder programme

11. Explain National mental health programme
12. Explain district mental health programme
13. State National Anti-Malaria programme
14. Explain the active surveillance measures in anti-malarial programme.
15. Explain National Nutritional Anemia Prophylaxis programme
16. Describe National Cancer Control Programme
17. Explain Pulse Polio immunization Programme.
18. Describe in detail about ESI Act.
19. Describe the ICDS programme
20. Write the objectives and activities of NRHM.
21. Explain IRDP-integrated rural development programme.
22. Explain the emergency obstetric care.

SHORT ANSWER:

1. List any four objectives of ICTC
2. List any four objectives of national blindness control programme
3. List the activities of national goiter control programme
4. What is the concept of CSSM
5. List the Components of essential obstetric care
6. What are the sources of iron food
7. List out the beneficiaries of ICDS scheme
8. Write about Vision 2020.
9. Define Surveillance.
10. Expand BCG and mention the route of administration and dosage
11. What is DOTS
12. List the benefits of CGHS
13. List four Functions of CGHS.
14. List objectives of RNTCP.
15. What is the Frequencies of follow up services in TB
16. Expand BCG

UNIT-7: HEALTH AGENCIES

LONG ESSAY:

1. Define voluntary health agencies? Explain the functions of voluntary health agencies?
2. a) List the voluntary health agencies in India? b) explain about Indian red cross society?

SHORT ESSAY:

1. Explain the functions of WHO.
2. Describe the organization and functions of UNICEF.
3. Explain the functions of red cross
4. Describe the functions of Indian red cross
5. Describe the role of Professional bodies in providing health care.

SHORT ANSWER:

1. List out any four objectives of health agencies
2. State any four objectives of TB association of India
3. Write any four functions of family planning association of India
4. List out any four function of central social welfare board.
5. State any four objectives of blind association of India
6. Enlist any four objectives of ILO
7. Mention any four function of CARE.
8. Write any four Organization and functions of TB association of India.
9. What is European Commission?
10. Enlist the activities of Hind Kusht Nivaran Sangh.
11. Mention any four objective of TNAI
12. List the Functions of World Bank .
13. Write about Colombo plan
14. List the functions of UNESCO
15. List the functions of DANIDA
16. List four functions of FAO
17. List the functions of USAID