Rajiv Gandhi University of Health Sciences, Karnataka

VII Semester Bachelor of Occupational Therapy Degree Examination – 04-Nov-2026

Time: Three Hours **Max. Marks: 100**

Occupational Therapy in Mental Health Conditions

Q.P. CODE: 3436

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two) **2 x 10 = 20 Marks**

1. Explain the Occupational Therapy intervention techniques used for clients diagnosed with Bipolar mood disorders with suitable examples
2. Explain the various intervention techniques used in Developmental FOR with suitable examples
3. Explain the role of Occupational Therapy in Long Term Care Unit with suitable examples

SHORT ESSAYS (Answer any Ten) **10 x 5 = 50 Marks**

4. Explain any five cognitive distortions with examples of each
5. Explain the two types of theories used in Behavioural FOR with examples
6. Explain the importance of art and creative activities in occupational therapy practice with examples
7. Explain the occupational therapy intervention technique used for a client diagnosed with moderate cognitive decline in Dementia stage 3 with an example
8. Explain the types of Assertive training with suitable examples
9. Explain the role of Cognitive Behavioural Therapy (CBT) in clients diagnosed with obsessive-compulsive disorders
10. Explain any two types of Projective Techniques and methods if using the same with suitable examples
11. Describe the purpose and method of administering Canadian Occupational Therapy Measures
12. Explain the interviewing process used in occupational therapy evaluation for clients with psychiatric disorders
13. Explain any five occupational therapy strategies used for clients with paranoid schizophrenia with examples
14. Explain the method of providing social skill training for clients with personality disorders with examples
15. Explain the intervention strategies used in the psychoanalytical Frame of Reference

SHORT ANSWERS (Answer any Ten) **10 x 3 = 30 Marks**

16. Give any three examples of incompetent or maladaptive skills that are not mastered during developmental stages
17. Explain the concepts of Id, Superego, and ego with suitable examples
18. Explain three types of group therapy used in occupational therapy practice with examples
19. Explain the aims of OT management in Anorexia and Bulimia
20. Name any three sensory activities used to evaluate clients with sensory processing disorders with an example of each
21. Write any three examples of Positive and negative reinforcement
22. Name any three MOHO-based assessment tools used in occupational therapy practice
23. Write the role of occupational therapy services for clients diagnosed with conversion disorder
24. Write any three purposes of sensory integrative therapy for clients with mental health disorders
25. Describe any three ways of providing group therapy for patients with psychiatric conditions
26. Explain the purpose of Halfway Homes with examples
27. Write any three factors that affect a person's mental health and wellbeing

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