

# Rajiv Gandhi University of Health Sciences, Karnataka

VII Semester Bachelor of Occupational Therapy Degree Examination – 04-Nov-2025

Time: Three Hours  
100

Max. Marks:

## Occupational Therapy in Mental Health Conditions

**Q.P. CODE: 3436**

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary

### LONG ESSAYS (Answer any Two)

**2 x 10 = 20 Marks**

1. Explain the Interviewing and Observation process in Occupational therapy evaluation for Mental Health conditions with suitable example
2. Explain the role and scope of occupational therapy in Mental Health conditions with suitable examples
3. Describe community-based rehabilitation. Explain the types of occupational therapy interventions used to integrate clients with psychiatric conditions within the community with examples

### SHORT ESSAYS (Answer any Ten)

**10 x 5 = 50 Marks**

4. Describe any five advantages and limitations of using Projective Techniques in clinical practice
5. Describe the Sheltered workshops and their propose with example
6. Describe any five therapist attitudes or skills that are useful during the Occupational therapy evaluation process in Mental Health
7. Explain the methods of providing social skill training with examples
8. Explain any five intervention techniques of Cognitive Behavioural Therapy used in patients with psychiatric conditions
9. Describe any five techniques to manage stress with a suitable example
10. Explain the sensory integrative dysfunctions in clients with psychiatric conditions with examples
11. Describe occupational therapy intervention strategies to manage clients with substance dependence
12. Explain the three subsystems used in the Model of Human Occupations with an example of each
13. Explain the use and purpose of assertiveness training with examples
14. Explain the occupational therapy management for caregivers of Clients with Dementia at the last stage
15. Describe any five intervention techniques of Behavioural FOR

### SHORT ANSWERS (Answer any Ten)

**10 x 3 = 30 Marks**

16. Write any three occupational therapy strategies to manage negative automatic thoughts with examples
17. Write any three occupational therapy intervention strategies for a child with a moderate level of mental retardation
18. Write any three OT activities to manage Psychosomatic disorders with examples
19. Write the principles of the Psychoanalytical Frame of Reference
20. Describe "Child Guidance Clinic"
21. Expand the ABCDE model used in Elli's theory and mention its purpose
22. Write any three intervention strategies to reduce Anxiety with examples
23. Name any three Standardised Assessments used to evaluate clients with Dementia
24. Describe the purpose and interpretation of using COPM
25. Explain the importance of arts and creative activities in occupational therapy interventions with examples
26. Write the precautions to be considered while treating patients with paranoid schizophrenia with examples
27. Explain systematic desensitization with examples

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