

Rajiv Gandhi University of Health Sciences, Karnataka
II Semester Bachelor of Occupational Therapy Degree Examination – 12-May-2026

Time: Three Hours

Max. Marks: 100

BASICS OF OCCUPATIONAL THERAPY – I (OS/RS)

Q.P. CODE: 3417

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define human development. Discuss cognitive theory of human development in detail
2. Define practice setting for OT. Discuss community based practice setting
3. Define activity analysis. Discuss methods to grade activities

SHORT ESSAYS (Answer any Ten)

10 x 5 = 50 Marks

4. Define occupation as means and occupation as end. Elaborately discuss any three characteristics of purposeful activity
5. Write a note on learning capacities
6. Enumerate members of Rehab team. Discuss any four team members
7. Define types of ADL. Discuss any three ADL scales
8. Define play. Discuss stages of play as given by Elizabeth Hurlock
9. Discuss why Occupational therapists need to have the knowledge of human development
10. Discuss use of crafts as a part of tool of OT practice
11. Discuss work site therapy setting as a part of OT practice
12. Discuss any two play theories
13. Discuss ADL modifications for a patient having in-coordination
14. Discuss psychoanalytical theory of human development
15. Discuss various methods for activity adaptation with appropriate example

SHORT ANSWERS (Answer any Ten)

10 x 3 = 30 Marks

16. Discuss physical agent modalities as a tool of OT practice
17. Discuss quantitative and qualitative changes in human development with two examples of each
18. Enumerate different practice settings in OT practice
19. Discuss how different team members work together on a case in rehab setting
20. Discuss motivational theory of human development
21. Discuss phases of learning
22. Discuss role of play in OT practice
23. Briefly discuss Klein and bell scale
24. Discuss contextual interference
25. Discuss any three problems and ADL modifications for upper extremity dressing for a patient with limited ROM
26. Discuss principles of maturation
27. Discuss declarative learning
