

**KARNATAKA NURSING & PARAMEDICAL SCIENCES EDUCATION (REGULATION) AUTHORITY**  
**KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD**  
**GNM THEORY EXAMINATION – JANUARY 2026**  
**3<sup>rd</sup> YEAR PAPER – I (MIDWIFERY AND GYNAECOLOGICAL NURSING)**

(Note: Draw a neat and labelled diagram wherever necessary)

**DURATION: 3 HOURS****MAX. MARKS: 75****TIME : 02.00 PM to 05.00 PM****Give the meaning of the following****1 x 4 = 4**

1. Fertilization.
2. Lochia
3. Linea Nigra
4. Lanugo.

**Fill in the blanks****1 x 4 = 4**

5. The normal weight of the uterus is \_\_\_\_\_
6. The route of BCG vaccination is \_\_\_\_\_
7. The couple's inability to produce offspring is called as \_\_\_\_\_
8. The joint between the two pubic bone is known as \_\_\_\_\_

**Write short notes for any FOUR of the following****5 x 4 = 20**

9. Manual removal of placenta
10. Nursing care of mother with hyperemesis gravidarum,
11. Vacuum extraction
12. Antenatal exercises.
13. Neonatal asphyxia.

**Answer the following**

14. Define PIH.
15. List the signs and symptoms of PIH.
16. Explain the nursing management of patient with PIH.
17. Define uterine prolapse and list the types of uterine prolapse
18. Explain the management of patient with Hysterectomy.

**1+2+4=7****3+4 = 7****State whether the following statement are TRUE or FALSE****1 x 4 = 4**

19. Umbilical cord is also called as Funis.
20. Oxytocin is mainly used to produce uterine contraction.
21. Cleidotomy is a example for destructive operation.
22. Proliferation and degeneration of the chorionic villi is called ectopic pregnancy.

**Write short notes for any THREE of the following****5 x 3 = 15**

23. Obstetric shock
24. Foetal circulation.
25. Nursing care of mother with breast engorgement.
26. Physiology of lactation.

**Answer the following**

27. Define normal labour.
28. Write in detail about the physiological changes during 1<sup>st</sup> stage of labour.

**2+5=7**

29. Define preterm labour.
30. Explain the role of a midwife in prevention and management of pre-term labour.

**2+5 = 7**